

CURRICULUM VITAE

Tricia Thompson, MS, RD

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Education Tufts University
Boston, Massachusetts
M.S. in Nutrition, 1991

Francis Stern Nutrition Center
New England Medical Center
Boston, Massachusetts
Dietetic Internship, 1991

Middlebury College
Middlebury, Vermont
B.A. in English Literature, 1986

Professional Experience

1996 to present Nutrition consultant specializing in celiac disease

2005 to present Creator www.glutenfreedietitian.com

2011 to present Founder/owner Gluten Free Watchdog, LLC

1991 to 1995 Private practice
Permanent Solutions weight management program

Professional Associations

American Dietetic Association

Medical Nutrition Therapy Practice Group

Dietitians in Gluten Intolerance Diseases

American Celiac Disease Alliance

Peer-Reviewed Articles

- Thompson T, Simpson S. A Comparison of Gluten Levels in Labeled Gluten-Free and Certified Gluten-Free Foods Sold in the US. *European Journal of Clinical Nutrition*. In Press.
- Thompson T, Grace T. Gluten Content of Select Gluten-Free Foods Sold in the US. *Practical Gastroenterology*. October 2013;10-16
- Thompson T, Grace T. Gluten in Cosmetics: Is There a Reason for Concern? *J Acad Nutr Dietet*. 2012;112:1316-1323.
- Thompson T, Lee A, Grace T. Gluten contamination of grains, seeds, and flours in the United States: A pilot study. *J Am Diet Assoc*. 2010;110:937-940.
- Thompson T, Mendez E. Commercial assays to assess gluten content of food: why they are not created equal. *J Am Diet Assoc*. 2008;108:1682-1687.
- Thompson T, Kane R, Hager M. Food allergen labeling and consumer protection act. *J Am Diet Assoc*. 2006;106:1742-1744.
- Thompson T, Dennis M, Higgins LA, Lee A, Sharrett. Gluten-free diet survey: are Americans with coeliac disease consuming recommended amounts of fibre, iron, calcium and grain foods? *J Hum Nutr Dietet*. 2005;18:163-169.
- Thompson T. National Institutes of Health consensus statement on celiac disease. *J Am Diet Assoc*. 2005;105:194-195.
- Thompson T. Gluten contamination of commercial oat products in the United States. *N Engl J Med*. 2004;351:2021-2022.
- Thompson T. Oats and the gluten-free diet. *J Am Diet Assoc*. 2003;103:376-379.
- Thompson T. Wheat starch, gliadin, and the gluten-free diet. *J Am Diet Assoc*. 2001;101:1456-1459.
- Thompson T. Case problem: questions regarding the acceptability of buckwheat, amaranth, quinoa, and oats from a patient with celiac disease. *J Am Diet Assoc*. 2001;101:586-587.
- Thompson T. Folate, iron, and dietary fiber contents of the gluten-free diet. *J Am Diet Assoc*. 2000;100:1389-1396.

- Thompson T. Questionable foods and the gluten-free diet: survey of current recommendations. *J Am Diet Assoc.* 2000;100:463-465.
- Thompson T. Thiamin, riboflavin, and niacin contents of the gluten-free diet: is there cause for concern? *J Am Diet Assoc.* 1999;99:858-862.
- Thompson T. Do oats belong in a gluten-free diet? *J Am Diet Assoc.* 1997;97:1413-1416.

Columns

- "DIGID Corner." *Medical Nutrition Matters* newsletter. Fall 2007 to Summer 2013.

Book Chapters

- Suzanne S, Thompson T. Nutrition in Celiac Disease. In: S. Devi Rampertab and Gerald E. Mullin, eds. *Celiac Disease. Clinical Gastroenterology*, 2014.
- Thompson T, et al. Treatment. In: Alessio Fasano, eds. *Gluten-Related Disorders*. NASPHGAN Foundation, 2014.
- Simpson S, Thompson T. Nutrition Assessment in Celiac Disease. In: Benjamin Lebwohl and Peter Green, eds. *Celiac Disease. Gastrointestinal Endoscopy Clinics of North America*, 2012.
- Thompson T. Oats and Wheat Starch. In: Melinda Dennis and Daniel Leffler, eds. *Real Life with Celiac Disease: Troubleshooting and Thriving Gluten Free*. American Gastroenterological Association, 2010.
- Thompson T, Case S. Food Labeling in the United States and Canada. In: Melinda Dennis and Daniel Leffler, eds. *Real Life with Celiac Disease: Troubleshooting and Thriving Gluten Free*. American Gastroenterological Association, 2010.
- Thompson T. The Nutritional Quality of Gluten-Free Foods. In: Eimear Gallagher, ed. *Gluten-Free Food Science and Technology*. Blackwell Publishing, 2009.
- Tricia Thompson. Celiac Disease section. American Dietetic Association *Nutrition Care Manual*, 2006-2008 (updated annually). Available at: www.nutritioncaremanual.org.

Books

- Tricia Thompson. *Celiac Disease Nutrition Guide*, 3rd edition. Academy of Nutrition and Dietetics, 2014.
- Tricia Thompson. *American Dietetic Association's Pocket Guide to Gluten-Free Strategies for Clients with Multiple Dietary Restrictions*. American Dietetic Association, 2011.
- Tricia Thompson and Marlisa Brown. *American Dietetic Association's Easy Gluten Free: Expert Nutrition Advice with More Than 100 Recipes*. Wiley, 2010.
- Tricia Thompson. *The Gluten-Free Nutrition Guide*. McGraw-Hill Trade, 2008.
- Eve Adamson and Tricia Thompson. *The Complete Idiot's Guide to Gluten-Free Eating*. Alpha Books (division of Penguin), 2007.

On-Line Publications

- Tricia Thompson and Suzanne Simpson. *Counting Gluten-Free Carbohydrates: A dietitian resource for counseling individuals with diabetes and celiac disease*. 2010. Available at: <http://www.glutenfreedietitian.com/registration.php?id=cgfc>

iPhone Applications

- Tricia Thompson (content developer). Academy of Nutrition and Dietetics iPhone Application *Gluten Detective*, 2012

Selected Presentations

- Hot Topic: FDA Gluten-Free Labeling Rule: Its Been Finalized! Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo. Texas, October 22, 2013.
- Arsenic and Rice: A New Dimension to Food Safety. Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo. Texas, October 22, 2013.
- Celiac Disease Toolkit: Guiding Your Patients through the Gluten-Free Diet. American Dietetic Association's Food and Nutrition Conference and Expo. San Diego, California, September 24, 2011

- Hot Topic: Finding Your Way in the Gluten-Free Maze. American Dietetic Association's Food and Nutrition Conference and Expo. San Diego, California, September 27, 2011
- Hot Topic: Late Breaking Research from the FDA and ADA: Implications for Your Gluten-Free Clients. . American Dietetic Association's Food and Nutrition Conference and Expo. Boston, Massachusetts, November, 7, 2010.
- Improving the Nutritional Quality of Gluten-Free Foods. International Symposium on Gluten-Free Cereal Products and Beverages. Tampere, Finland. June 9, 2010.
- The Gluten-Free Diet in the US: A Comprehensive Look. General Mills Bell Institute of Health and Nutrition Gluten-Free Symposium. Minneapolis, Minnesota. January 7, 2010.
- Celiac Disease: Incorporating ADA's New Evidence-Based Practice Guidelines. American Dietetic Association's Food and Nutrition Conference and Expo. Denver, Colorado. October 17, 2009.
- Translating the Gluten-Free Diet Updates into Practice: The Changing Role of Oats and Wheat Starch in the Gluten-Free Diet. American Dietetic Association's Food and Nutrition Conference and Expo. Philadelphia, Pennsylvania. September 30, 2007.
- The Gluten-Free Diet as Followed in the United States. XII International Celiac Disease Symposium. Columbia University Medical Center. New York, New York. November 11, 2006.
- Gluten-Free Foods: Consumption Patterns and Purchasing Practices of Consumers with Celiac Disease. Food and Drug Administration. Public Meeting; Gluten-Free Labeling of Foods. College Park, Maryland. August 19, 2005.

Other Major Publications

- *Celiac Disease Toolkit*. American Dietetic Association, 2011.
- *Gluten-Free Basics* client education brochure. American Dietetic Association, 2010.
- *Managing Celiac Disease* training module. Meeting Children's Special Food and Nutrition Needs. National Food Service Management Institute, 2010.

- Work group member, Celiac Disease Evidence Analysis Project American Dietetic Association American Dietetic Association (includes the Celiac Disease Evidence Based Nutrition Practice Guideline). August 2004 to present.